

Do you enjoy

- meeting new people
- having fun
- making new friends
- helping others



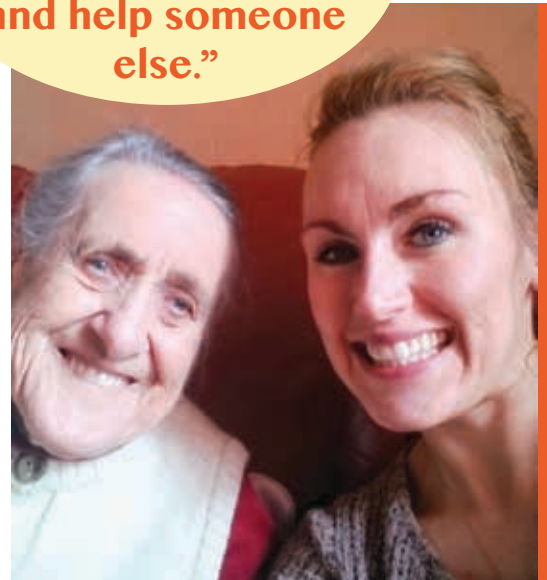
Join us as a volunteer
Everyone welcome



e | c | a | s
Befriending
Service

Become a Befriender

“It feels really
good to give back
something to society
and help someone
else.”



You could help make a difference to the life of a physically disabled adult by befriending them on a one-to-one basis. We offer training, lots of support and the opportunity to be part of something positive and fun.



To find out more about
volunteering please visit
www.ecas-edinburgh.org

Please call Ally or Sam on
0131 475 2344
or email
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